

# SIGHT MATTERS

SAVING YOUR SIGHT - WE'VE MADE IT OUR FIGHT



## HIGHLIGHTS

**LONDON LAUNCH**

**LAGOS LAUNCH**

**SAM – SOUTH AFRICA MISSION**

**GAM – GAMBIA MISSION**



Precious  
Sight  
foundation

# WELCOME!



Welcome to the first edition of the Precious Sight Foundation's Newsletter – Sight Matters, which I am delighted to present as one of the Precious Sight Foundation's outreach Initiatives.

Precious Sight Foundation was borne out of a life changing situation that both myself and my husband experienced as I suddenly lost most of my vision on 2nd July 2013 due to a rare condition called Hydrops. We came out of this situation fighting and Precious Sight Foundation (PSF) was founded on 11th July 2014. The simple vision of PSF is to give individuals who ordinarily would not have access to basic eyecare the opportunity to have it with a particular focus on Africa. The dream is that one day Precious Sight Foundation will become a household name and that thousands worldwide will benefit from the work we do.

2015, saw us really start the journey and we are grateful to say that we have indeed made tiny steps to making the visually impaired see!

To put the work we do in context, I often ask people to imagine what it would be like if either the main or one of the breadwinners in a family could not see, or even to ask people to close their eyes for a few minutes to see what that would feel like. The responses, I get daresay cause people to pause and be grateful. To buttress this point further and to allow many to read my story I wrote the book "Further than I could see" which has sold over 1,000 copies.

Over the last 16 months we have started to make an impact in our own little way to ensure more people have help and it has needless to say been a very rewarding experience!

PSF is beginning to see the worthwhileness of what we do and we are pressing in to ensure that 2016 is bigger and better!

In this newsletter, I will share our journey till date and also give you an indication of what we hope to do in the coming year.

Warm regards

**Biyi Adewumi**  
Enjoy!

# contents

IN THIS EDITION

**3 LET'S GO A FISHING**  
DECEMBER 2014

**4 LONDON LAUNCH**  
**THE PSF JOURNEY SO FAR**

**5 LAGOS LAUNCH**

**6 WORLD SIGHT DAY - LAGOS**

**6 KID'S IN GAMBIA**  
APRIL 2015

**7 SAM – SOUTH AFRICA MISSION**

**7 CHILDREN IN SA PROJECT**

**8 GAM – GAMBIA MISSION**

**9 UPCOMING 2016 INITIATIVES**

**10 STOP PRESS**

**10 THE TEEN MISSIONARIES**  
**PERSPECTIVE**

**11 MISSIONARIES PERSPECTIVES**

**Design and print:**

Vision Media Communications  
Visionmedialimited@yahoo.co.uk

**Legal Advisors:**

Liberty@Law Limited, London



## LET'S GO A FISHING

### DECEMBER 2014

On the 26th December 2014, PSF held their first ever walk in surgery at the Annual December – "Let's go a fishing" (an outreach initiative of RCCG) in Anthony, Lagos. 100 pairs of glasses and over 100 bottles of eye drops were handed out to people after having their eyes tested on the spot by a team of opticians. Many were grateful for this initiative and the results were encouraging. It was a huge success and set us in good stead for 2015.





# THE PSF JOURNEY SO FAR

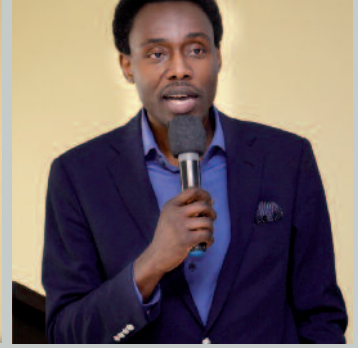
# LONDON LAUNCH

PSF was launched on the 11th July 2014 in the heart of London's Docklands at the Crowne Plaza Hotel with over 200 people in attendance. The book titled "Further than I Could See" which has been heralded a poignant narration of Biyi's experience was also launched on the day. Dr Bolanle Otokpa (Medical Retina Specialist ) gave a speech on the effects of Visual impairments on individuals and a short video clip of the youngest person PSF advocates for was shown.

Funds were raised to initiate the work and 23 delegates signed up to become financial partners with PSF.



# LAGOS LAUNCH



Precious Sight Charitable Foundation, Nigeria was launched on Sunday 21st June 2015, at the exclusive Ace-Olivia @ City Mall, Onikan, Lagos. The event was attended by approximately 150 people. Biyi gave an address into what Precious Sight does and Dr Modupe Olorunnimbe, of Vision Aids, one of our trustees gave a very insightful presentation on Glaucoma and its effects, which was the highlight of the day! Eye care awareness was raised and the ball set in motion for Precious Sight in Nigeria to start operations in earnest. The current main priority for Precious Sight Nigeria is to purchase a Lumenis II machine which will serve the community by treating cases of glaucoma.

Precious Sight gave out vouchers for free Glaucoma screening at Vision Aids to be done for all those in attendance. Free will donations towards the work of the charity were also made.



# WORLD SIGHT DAY - LAGOS

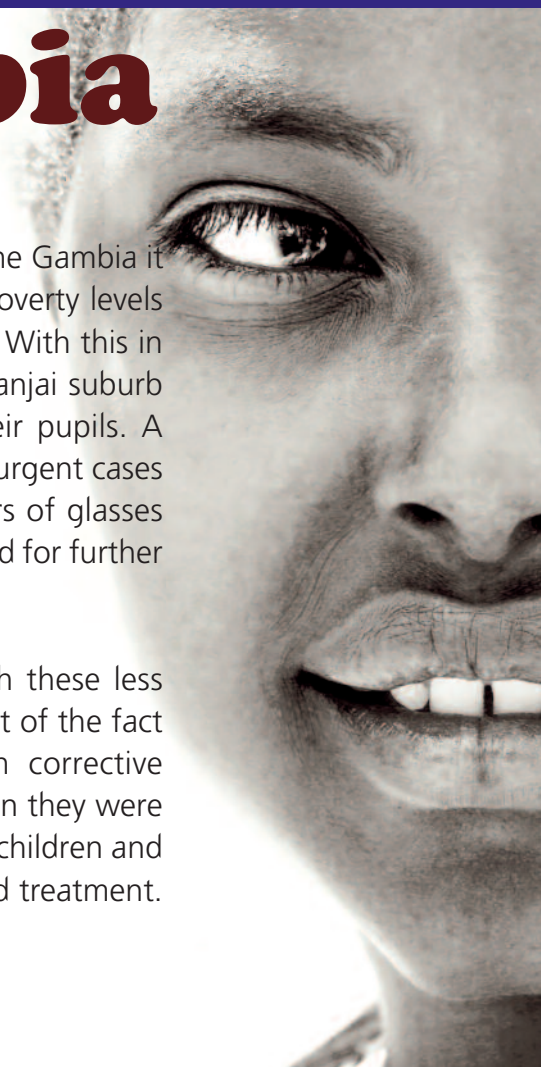
On the 8th October 2015, a half day screening project was undertaken by a local church in Anthony, Mainland, Lagos. Over 50 people had their eyes tested and based on the diagnosis glasses and eye drops were dispensed on the spot.

## Kid's In Gambia April 2015



In March 2015 whilst on a business trip to the Gambia it became glaringly evident that due to the poverty levels in the nation eye care had been marginalised. With this in mind we approached a local school in the Manjai suburb to see if we could conduct eye tests on their pupils. A number of children were tested and the most urgent cases were taken up by PSF. This resulted in 6 pairs of glasses being issued and 4 other children being referred for further treatment funded by PSF.

The most amazing thing about working with these less fortunate children was that they were ignorant of the fact that they could potentially see better with corrective appliances – that made seeing their faces when they were issued with glasses even more rewarding. The children and parents were very grateful for their glasses and treatment. This initiative is to be expanded in 2016.



# SAM - SOUTH AFRICA MISSION



In August 2015, a Precious Sight Foundation delegation of 4 including the founder, 2 teenagers and the founder's young son (5) who was declared the youngest missionary in Port Elisabeth went to House of Wells a multi site orphanage run by Kemi & Richard Oyin-Adeniji in South Africa. House of Wells is doing a great work there with orphaned children (both physical and social orphans). Precious Sight worked in conjunction with Preferred Provider Negotiators, South Africa and at the end of the week – 724 children were seen and 160 of them needed treatment. Glasses and drops were issued to all that required them.

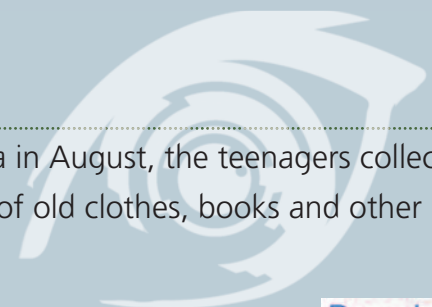


Once more it was a humbling but rewarding experience which served to support a marginalised sector of an already maligned society. The teenagers on the team were so touched by how privileged they were when compared to their new found friends that after the trip they collected old clothes in the UK and raised money to buy things they take for granted in the UK and shipped the items to the orphanage in South Africa.



## Children in SA Project

As highlighted above as result of the mission trip to South Africa in August, the teenagers collected old clothes to send to the children they met in South Africa. 155kg of old clothes, books and other items were shipped.



# GAM - GAMBIA MISSION



A four member delegation went to Gambia from the 19th November to the 21st November 2015, to administer eye tests to a local community. The team were hosted by a local church in Manjai which is in the heart of a very deprived area. 212 people had eye tests over one and a half days, out of which only 10 needed no treatment. The incidence of eye ailments is particularly high in the locality mainly due to arid climate conditions and abject poverty.

There was a mixture of eye conditions that required treatment and all were administered either prescription glasses, reading glasses and or eye drops as required.





# UPCOMING 2016 INITIATIVES

After such a successful start in 2015, Precious Sight has big plans for 2016!  
Below are our proposed initiatives for 2016.

**GAMBIA MISSION (3 planned outreach trips)**

**LUMENIS 11 MACHINE FOR LAGOS**

**NIGERIA VILLAGE OUTREACH**

**GHANA MISSION**



## In 2015

### We provided

- over 1100 eye tests
- over 400 pairs of glasses
- over 300 bottles of eye drops

### We raised

- £23,166.30

### We spent

- £20,291.68

# THE TEEN MISSIONARIES PERSPECTIVE

Initially when hearing about the SA trip I was honestly not enthusiastic. In fact, I didn't want to go. Now, I can admit that I was wrong. The trip exceeded my expectations in every aspect. I thought I knew what to expect, I thought that I would simply just return home feeling an overwhelming sense of gratitude and a sense of accomplishment because I was able to help people who I believed would be less fortunate. However, the children that we encountered, who I can now call my friends were some of the most inspirational people I have ever met. Their constant happiness and gratitude was what inspired me, with the little they had they were still able to lift their hands to praise God and praise him

for all he was and is doing for them. God was the centre of their happiness not materialistic things that I and others my age often get blinded by. This made me re-evaluate my perspective on life. Now I pray thanking God for this experience because I was able to learn this as well as so many other things. One thing I would say to anyone who chooses to go on a mission trip is to be humble. Don't think you are just going to bless people but allow them to bless you too.



**TEMI ADEWUMI**



**TOMI SALAMI**

I was relatively nervous and sceptical about going to South Africa however, I found the experience was overall heart warming. Not only did I become fully aware of how privileged I am, but I was also lucky enough to converse with the children and make new friendships. Overall, I found the experience to be a blessing because although these children were not living in the best of conditions, they still found a reason to smile and therefore I will always remember them.

## Missionaries Perspectives



**YEMISI OKUSAGA**

I was really excited to be visiting The Gambia and I am so grateful that I was able to do so through Precious Sight Foundation. We touched down in Banjul the capital of The Gambia on the 19th Of November 2015 at 14:20 local time, the founder of Precious Sight Foundation Mrs Olabiyi Adewumi phoned to find out about the arrangements for the eye tests for the locals and surrounding communities. The tests days were for Friday and Saturday from 9-5 the arrangement fell through, but we were able to secure a church premises through the help of Pastor Moses.

Word got round on the Friday evening and we were able to do a few tests that evening. Amongst the people that came was an old frail woman who was blind in the left eye and partially blind in the right eye. Her eyes were checked and she was told to come back for eye drops on Saturday. The next morning when we got to the church there were quite a number of people waiting to be checked and we did what we could do. A lot of people still showed up on the Sunday, it is evident that The Gambia still needs the help of PSF. Low vision is a huge problem in The Gambia, the people suffered from various eye problems like conjunctivitis, short and long sight problems. Conjunctivitis is not a big eye problem if treated immediately with eye drops, but this is a problem in The Gambia as most people live on less than £1.00 a day, that is why we need more donations to be able to do more. Precious Sight Foundation was able to give out eye drops and glasses to those that needed it. It was such a humbling experience I thank God for PSF for being a blessing to the needy.



**JANET  
EMMANUEL**

The trip to Gambia was my first missionary trip and I was honoured to be asked by PSF to be a part of the team. The experience was a humbling one and to see how much PSF can impact the lives of so many people with regards to their eye sight was so fulfilling. As word spread the locals came, men, women, old and young. We worked very hard as a team i.e. the opticians, their assistants, the runners (who were on hand to run errands) and we the missionary team, so that each person in need of an eye test was seen. Eyes were tested, eye drops were dispensed for those who had eye infections; mostly children, reading glasses given out and prescription glasses prescribed. There were also those who were noted down for special referrals, all who came were seen to. It was so fulfilling to see that we were able to meet the needs of so many people who without PSF would either (unfortunately) experience their eyesight getting worse or have to live with eye diseases which could eventually lead to blindness. It is for this reason that PSF needs to keep being a source of help to thousands all over the world where free eye tests/treatment is almost impossible to come by.



## EDITOR'S NOTE

Hi there!! I hope you have enjoyed reading our first ever newsletter. As you can see we have been very busy bunnies indeed and we do not plan to stop. Did you see our laundry list of things to do in 2016? Yes we plan to do all that, but we need YOU!!! As you know, we can plan as much as we want, but the impact we make will be limited without you. How can you help? I hear you ask..... Well you can do this in the following ways

Cash is the lifeblood of any mission. We need it to fund trips, sustain missionaries, buy glasses, eye drops...the list goes on. So please continue to donate generously we ....and all the people your funds are helping are very grateful.

To support us please visit

<http://www.precioussightfoundation.org/support-psf.html#.VoVfzfmLTIU>

Would you like to go on one of our missions? Please get in touch by email, we would love to hear from you.

We are still collecting your old glasses. Please send them to

**C/o QualityLink Services Provider Limited,  
The Priory, Thremhall Park,  
Start Hill, Bishops Stortford,  
Hertfordshire, CM22 7WE**

Finally do you have any comments, or require further information about PSF or this Newsletter? Please drop us a line via [info@precioussightfoundation.org](mailto:info@precioussightfoundation.org), it would be great to hear from you.

**Adaobi**



Thanks to all of our supporters. We are really grateful for your constant support which has given hope to many. Its Rest assured that as you have helped others you have sown a seed for yourself. I have been privileged to witness the prayers that are said for you by many of our recipients and know that your acts of kindness will surely be rewarded.

Thank you again. See you in the next edition!  
**Biya**



# HOW TO SUPPORT US

## SHORT TERM OBJECTIVES

### 1. EYE HEALTH AWARENESS

**Fact**  
50% of visual impairment is preventable.

**Solution**  
Prevention depends on the population engaging in regular eye tests and being aware of concerning eye symptoms. This is why eye health awareness is crucial.

**How**  
Precious Sight Foundation will set up eye health awareness drop in centres & set up seminars that can be run in schools, villages et al.

### 2. GLASSES BANK

**Fact**  
57% of blindness in Nigeria is due to uncorrected refractive error.

**Solution**  
Providing free glasses is a clear strategy to reduce this statistic.

**How**  
Precious Sight Foundation will have collection points for used glasses. The frames will be reused after the lenses are broken and destroyed. New prescription lenses will be fitted into the frames for patients to whom Precious Sight Foundation have administered eye tests to.

### 3. GLAUCOMA

**Fact**  
Glaucoma is a significant cause of blindness in Nigeria and in the rest of the world. It is known to be more aggressive in Afro-Caribbeans and damage is irreversible.

**Solution**  
There are well established ways of diagnosing glaucoma early before significant sight loss and proven medical and surgical treatment to prevent progression to blindness.

**How**  
'Selective trabeculoplasty is clinically proven to treat glaucoma safely and effectively. Precious Sight Foundation will invest in the Selecta II by Lumenis to provide selective trabeculoplasty in partnership with an established local ophthalmologist at a fraction of standard costs so as to make the service available to more grass root sufferers.

## PARTNERING WITH US IN NIGERIA

**PRECIOUS SIGHT CHARITABLE FOUNDATION (NIGERIA)**  
FCMB  
Sort Code: 214 150 283  
Account no: 3176629012

## FOR BOTH ONE OFF DONATIONS AND MONTHLY STANDING ORDERS

## PARTNERING WITH US IN THE UK

To partner with us on any of the above initiatives you can make a one off donation

- Card
- Cash
- Cheque

Please confirm amount & make cheques payable to **"Precious Sight Foundation"**.

Alternatively you can set up a standing order by completing the following;  
£10      £20      £50      £100      £250  
.....Other Please Specify

Please pay **"Precious Sight Foundation"** (Destination Account) from my account (Originator Account) the sum as ticked above on the.....of each calendar month from .....20..... until further notice  
*(Please specify end date.)*

### From:

#### ORIGINATOR ACCOUNT DETAILS

Bank/Building Society Name

Sort Code

Account No.

Reference

Surname / Firstname

Signature

Date

#### DESTINATION ACCOUNT DETAILS

**PRECIOUS SIGHT FOUNDATION (UK)**  
Barclays Bank  
Sort code: 20-25-19  
Account no: 63047563



**Web:** www.precioussightfoundation.org  
**Email:** info@precioussightfoundation.org  
Precious Sight Foundation is a UK company (09121147) Limited By Guarantee